

MBC Bike Month 2015 Events for May

ALL MONTH: #LeftTheCarAtHome: Replace 20 car trips in May with Cycling trips! Commute, work/meetings, or errands. Use the hash tag above with **#BikeMontgomery**, take a photo at your destination and post it to the Montgomery Bicycle Club Facebook page, Instagram (BikeMontgomery), or Twitter (@BikeMontgomery). A prize will be awarded to the individual with the most trips!

***Week 1: May 1-10**

Women Bike! Encourage women to ride through inspiration, information, and community.

#WomenBike #BikeMontgomery

Coffeeneuring Challenge! This is for everyone! RIDE to 5 different shops or restaurants for coffee or tea. No more than ONE PER DAY. Take a picture of your bike & beverage, and share on MBC Facebook page, Instagram (BikeMontgomery) or Twitter (@BikeMontgomery). Keep your receipts to turn in for a cool Coffeeneuring Achievement Patch! **#coffeeneuring2015 #BikeMontgomery**

May 4 & 7

Ladies Night @ the local bike shops! Discounts will be offered to female cyclists. Perfect opportunity to learn more about and test equipment & bikes! Visit www.MgmBikeClub.org/BikeMonth for details.

Monday, May 4 from 6-8pm @ Bell Road Cycle www.BellRoadCycle.com

Thursday, May 7 from 6-8pm @ Montgomery Multisport www.MontgomeryMultiSport.com

May 10

Ride with MOM! **#CYCLOFEMME** Ride with us from the Riverfront entrance in downtown to the Spring Concert at Bottom Park in Cloverdale-Idlewild. FREE! Concert begins at 4pm. This is a FAMILY ride. The pace will be slow and easy! We will depart the Riverfront at 3PM. Departure from the Park back to the Riverfront will be 6PM. Suggested route connections from various neighborhoods will be posted on the MBC website at www.MgmBikeClub.org/BikeMonth.

#CYCLOFEMME2015 #BikeMontgomery

*Check out this map on MapMyRide: 5.91 mi Cyclofemme 2015

Distance: 5.91 mi <http://www.mapmyride.com/routes/view/678454882>

***Week 2: May 11-15**

Bike to Work Week! We challenge you to commute by bicycle this entire week! There will be several meeting locations for suburban commuters to gather and ride to key business districts together. Suggested routes will be posted on MBC website. Energizer stations will be located at different restaurants/shops offering free coffee for your morning commute! **#BikeToWork**

#BikeMontgomery

May 15

National **#BikeToWorkDay #BikeMontgomery!** Check MBC website for additional discounts on 5/15

***Week 3: May 17-23**

Restaurant Week! #BikeToEat #BikeMontgomery Those who can show they rode their bike to get a bite to eat receive a discount from participating restaurants. Share on FB, Instagram, and the MBC website.

May 20 @ 7pm (rain date May 23 @ 10 am)

Ride of Silence 2015 Participate in the National Ride of Silence to honor those who have been injured or killed while cycling on public roadways in your community. The Montgomery Ride of Silence will be a slow paced, short route starting and finishing in downtown Montgomery. Helmets are required. If you don't have one, we will have a few extras to loan. **#RideOfSilence2015**

#BikeMontgomery

*Check out this map on MapMyRide: 2.65 mi Montgomery Ride of Silence 2015
Distance: 2.65 mi <http://www.mapmyride.com/routes/view/678967014>

***Week 4: May 24-31**

BIKE TO EVERYWHERE! Bike to the Store. Bike to the Ballpark. Bike to a Date. Bike to a BBQ. Bike to Camp. Bike to the Market. Bike to Class. Bike to the Museum. The possibilities are endless!! Use the hash tag #BikeMontgomery plus # wherever it is you biked to, take a photo and post it to the Montgomery Bicycle Club Facebook page, Instagram (BikeMontgomery), or Twitter (@BikeMontgomery).

May 30 2:00 pm @ Capri Theater

Bike to the Movies!! Let's celebrate your month long efforts with a ride to Capri Theater in Old Cloverdale. Join us for an afternoon matinee to watch the greatest movie EVER made about cycling, ***Pee-Wee's Big Adventure!*** It is the 30-YEAR ANNIVERSARY of the movie! Departure from the Riverfront entrance will be at 12:30 PM. There will be several suggested route connections listed on the MBC website. This is an event for the entire family! Have fun! Dress up as one of your favorite *Pee-Wee* characters or decorate your bike! Tickets will be \$5 or \$2 if you come by bike. *Bike racks will be provided. **Bikes WILL BE monitored during the movie! **#BikeToTheMovies**

#BikeMontgomery

*Check out this map on MapMyRide: 5.92 mi MBC Bike Month 2015 Movie Ride
Distance: 5.92 mi <http://www.mapmyride.com/routes/view/678988032>
*suggested route connections from other neighborhoods will also be posted.

For more Bike Month 2015 details/updates go to: www.MgmBikeClub.org/BikeMonth. Questions?

Email Deana Acklin, Bike Month 2015 Coordinator at BikeMonth@MgmBikeClub.org.